

Community Group // Childcare Resources

Purpose:

The purpose of this document is to provide community group participants with helpful resources for childcare, making it easier for parents to attend and engage in group gatherings. It includes options such as recommended babysitters, shared childcare arrangements, reimbursement guidelines, and other practical solutions to ensure that all members can fully participate in the community without childcare being a barrier.

Childcare Options for Community Groups

1. **A. Group Childcare Reimbursement** – The group leader or host finds a babysitter (or multiple babysitters) to watch the children in another room of the house or a neighboring home while the group takes place. Rolling Hills will then reimburse the group leader or host based on an annual set rate. The group leader receives monthly reimbursement after filling out the [RHCC Community Group Reimbursement Form](#).
B. Individual Childcare Reimbursement – Each group participant finds their own babysitter to watch their children at home while they attend their group. Rolling Hills will then reimburse the group participant based on an annual set rate. The group participant receives monthly reimbursement after filling out the [RHCC Community Group Reimbursement Form](#).
 - To help find a babysitter, we recommend the following:
 - Social media; for example, the [RH Women Facebook Group](#)
 - A trusted high school or college student
 - An older sibling or child
2. **Trade-Off Supervision** – Parents can create a rotation of taking turns week to week watching the kids in a separate room in the house. If applicable, they can provide a short Bible story, simple craft, or worship songs for the kids to engage in a spiritual activity while the adults meet.
3. **Designate a Kid Zone** – If all children are of an appropriate age, set up a safe and fun area in another room with toys, books, and activities to keep kids entertained while the group meets. If space and weather permit, let the kids play outside with sidewalk chalk, on a playset, or simple games while an adult rotates as a supervisor.
4. **Incorporate Children into the Group** – Whether through a specific lesson or time during the group, the children are encouraged to participate in the group lesson. This can happen weekly or on a regular basis (bi-weekly, monthly, etc.).
5. **Alternate Weeks with Men & Women** – One great way to share the load with childcare is by having men and women take turns each week. One week, the guys handle it; the next, the ladies do. It's a simple way to make sure everyone gets time to fully engage in the group while the kids are well cared for.